Occupational Therapy (OT)

Occupational Therapy is the practice of treating and preventing physical disabilities that may limit everyday activities.

Common treatments focus on:
- Strengthening
- Gross & Fine Motor Skills
- Orthotics & Splinting
- Wheelchair Assessment, Training, & Positioning
- Home Management & Safety Evaluation
- Cognitive, Perceptual, & Visual Retraining
- Adaptive Equipment Training
- Self Care Retraining

Advanced integrative methods:
- ACP® Electrical Stimulation & Ultrasound
- Exercise Programs
- Fitness & Health Education
- Manual Therapy
- Paraffin Bath
- Shortwave Diathermy (Select locations only)

Speech Therapy (ST)

Speech Therapy specializes in the treatment of speech, language, and swallowing disorders often related to brain injury, neurological diseases, or a general decline in function.

Some common treatments include:
- Increasing:
  - speech intelligibility
  - ability to express wants, needs and ideas
  - ability to understand messages
  - ability to chew and swallow safely
- Decreasing Confusion
- Implementing & Monitoring Assistive & Augmentative Communication Devices

Advanced integrative methods:
- Electrical Stimulation
- Exercise Programs
- VitalStim®
- Alternative Augmentative Communication
Southeastern Ohio’s most trusted name for Skilled Rehabilitation Services

www.zandex.com